Research Article

Exploring system drivers of gender inequity in development assistance for health and opportunities for action [version 2; peer review: 3 approved with reservations]

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Abstract

Background: Deep-rooted and widespread gender-based bias and discrimination threaten achievement of the Sustainable Development Goals. Despite evidence that addressing gender inequities contributes to better health and development outcomes, the resources for, and effectiveness of, such efforts in development assistance for health (DAH) have been insufficient. This paper explores systemic challenges in DAH that perpetuate or contribute to gender inequities, with a particular focus on the role of external donors and funders.

Methods: We applied a co-creation system design process to map and analyze interactions between donors and recipient countries, and articulate drivers of gender inequities within the landscape of DAH. We conducted qualitative primary data collection and analysis in 2021 via virtual facilitated discussions and visual mapping exercises among a diverse set of 41 stakeholders, including representatives from donor institutions, country governments, academia, and civil society.

Results: Six systemic challenges emerged as perpetuating or contributing to gender inequities in DAH: 1) insufficient input and leadership from groups affected by gender bias and discrimination; 2)
decision-maker blind spots inhibit capacity to address gender inequities; 3) imbalanced power dynamics contribute to insufficient resources and attention to gender priorities; 4) donor funding structures limit efforts to effectively address gender inequities; 5) fragmented programming impedes coordinated attention to the root causes of gender inequities; and 6) data bias contributes to insufficient understanding of and attention to gender inequities.

**Conclusions:** Many of the drivers impeding progress on gender equity in DAH are embedded in power dynamics that distance and disempower people affected by gender inequities. Overcoming these dynamics will require more than technical solutions. Groups affected by gender inequities must be centered in leadership and decision-making at micro and macro levels, with practices and structures that enable co-creation and mutual accountability in the design, implementation, and evaluation of health programs.

**Keywords**
gender, gender inequity, development assistance for health, system analysis, co-creation, power, gender transformative, health system
Introduction

Deep-rooted and widespread gender-based bias and discrimination threaten the achievement of the Sustainable Development Goals (SDGs) (https://sdgs.un.org/goals), including ensuring healthy lives and wellbeing of people at all ages and gender equality as a fundamental human right. Here, gender refers to the culturally defined attributes, entitlements, responsibilities, and expectations associated with being, or being perceived as, feminine/woman/girl, masculine/man/boy, or non-binary/genderqueer. Gender is driven by a social and structural stratification system of power distribution and patterned behaviors, that manifest at the individual, interactional, and macro levels.

Gender is one of many social determinants that contribute to health and development outcomes. Gender norms can shape institutional systems and practices, including whether and how the health needs of certain groups of people are acknowledged, whether they can access resources such as health care, and whether they can realize their choices and rights. Gender bias and discrimination in institutions and national health systems enable practices and policies that produce inequitable health and gender outcomes. These inequities are socially produced, systematic in their distribution, avoidable, unfair, and unjust.

A growing body of evidence suggests that eliminating or mitigating gender and health inequities contributes to better health and development results. However, despite decades of global commitments and advocacy by women’s groups and scholars, resources and effectiveness of efforts to reduce gender inequities in development assistance for health (DAH) investments have been limited or insufficient.

Scholars and feminist activist groups are asking why actions are weak, resources small or ineffective, and progress is slow. A complex and multifaceted set of contributing factors is possible. For example, recent studies show that global health institution accountability for and implementation of gender policies and practices are inadequate. Gender bias and inequities pervade the leadership, organizational structures, and culture of global health institutions such as donors, international nongovernmental organizations (NGOs), and multilateral agencies. Furthermore, some studies suggest that broader system dynamics and power asymmetries between actors in DAH play a role in shaping the way that health systems are conceptualized, funded, governed, and implemented, and can inadvertently reinforce gender and health inequities.

There is growing recognition within the global health community that complex and protracted challenges such as gender and health inequities require a deeper understanding of the linkages, relationships, interactions, and behaviors of such actors. While there has been significant research in how system dynamics and power asymmetries between actors in global health aid play a role in shaping health systems, no studies, to our knowledge, have examined the drivers of gender inequity across the broader landscape of DAH.

A systems approach to gender and health inequities

Systems theory, an interdisciplinary field of science that analyzes the dynamic interactions of interrelated, interdependent parts that make up a complex whole, has gained attention as relevant for health systems analysis and interventions. Application of systems theory can benefit the exploration of macro-level dynamics affecting complex and protracted issues, making it a useful basis for exploring the drivers of gender and health inequities in DAH. Systems approaches have been used in social intervention research, such as studies examining interventions that tackle intimate partner violence. However, there are relatively few studies that use a systems approach to analyze progress in minimizing gender and health inequities. Moreover, the operant dynamics and drivers in the landscape of DAH that reinforce gender bias are poorly documented.

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DAH, as defined by the Institute for Health Metrics and Evaluation, refers to “Financial and in-kind resources that are transferred through major international development to low- and middle-income countries with the primary purpose of maintaining or improving health.”

We use the term DAH landscape to refer to the actors, norms, and structures that interact in the context of external financial contributions for activities aimed at improving health in low- and middle-income countries.
Framing and purpose of this paper

This paper builds on prior work, and is the third manuscript stemming from a longer process examining the shifts needed in DAH to facilitate a redistribution of power, and coordination and accountability between countries and donors in designing health technical assistance (TA) interventions. Such shifts are needed to foster more resilient health systems and sustained health outcomes. We anticipate that efforts to redistribute power in ways that center local stakeholders in decision-making and build mutual accountability cannot be fully realized without addressing gender inequities.

The objective of this paper is to identify systemic challenges in DAH that are perpetuating or contributing to gender inequities, with a particular focus on the role of external donors and funders. In this paper, we map and analyze interactions between donors and recipient countries and articulate drivers of gender inequities within the landscape of DAH. As a basis for exploring and identifying actionable steps to improve gender and health equity outcomes, we aim to highlight systemic issues that impede or slow progress in addressing gender and health inequities in DAH.

Methods

The work presented in this paper was conducted as part of a broader initiative led by the Inter-agency Working Group (IAWG) for Capacity Strengthening to co-create a systems understanding of capacity strengthening in the context of global DAH. The process was guided by System Acupuncture—a theory and method that enables the design of innovative, actionable, and synergistic interventions that drive deep and sustained transformation of system behaviors and outcomes—and focused on the system diagnostic component of the System Acupuncture process.

Defining the system

For the IAWG initiative and this paper, the scope of the system is defined by the complex relationships of actors and institutions interacting within the landscape of DAH, and the norms that inform their behaviors and decisions.

The System Acupuncture method asks what outcomes we want to see from the system, and uses this vision to explore why the system isn’t producing these outcomes.

In this case, the IAWG aligned around a set of critical shifts (Figure 1) to represent the desired outcomes of the system. The critical shifts, which outline a vision for more country-driven, coordinated, and equitable health investments, served as the guiding framework to co-create an understanding of the DAH system. These critical shifts originated from a previous phase of this work in DRC and Nigeria, which is explored in a separate manuscript.

The initiative’s hypothesis was that application and realization of the critical shifts by actors in the system would enhance the capacity of global health institutions to deliver sustained health outcomes. A gender lens was prioritized as part of the process in recognition that gender bias and inequities are manifest throughout the global health landscape, and the critical shifts and desired impact from health investments cannot be fully realized without addressing these factors.

Co-creation and participant engagement

Using the methods and tools from System Acupuncture®, we took a structured process consistent with social constructivist approaches to enable system actors to collectively understand and improve a complex adaptive system. This was facilitated through an iterative co-creation process to build a human-centered understanding of the system. In this case, we use the term co-creation to mean an approach to creating outputs together with multiple stakeholders by leveraging their different experiences and expertise. This was facilitated through workshops, collaborative working sessions, desk review, and key informant interviews.

Given the iterative nature of this process, different actors and co-creation participants were involved at varying stages. A summary of the co-creation actors is included below; Figure 2 provides an overview of how these different actors, including the co-authors of this manuscript, were involved throughout the process.

- IAWG: The cross-agency funder working group spearheading this initiative. This group includes two representatives from USAID, three from the World Bank, and two from the Gates Foundation.
- IAWG Secretariat: The group facilitating the co-creation process and analysis. This group includes two systems
Figure 1. Critical shifts for capacity Strengthening.
specialists, two global health specialists, one gender specialist, one M&E specialist, and one coordinator.

- Co-creation workshop participants (2-day workshop in April 2021). 41 participants from 13 countries (including select IAWG representatives) Ethiopia (2 participants), Ghana (4), India (2), Kenya (5), Malawi (3), Mexico (1), Mozambique (1), Nepal (2), Nigeria (9), Uganda (2), United States (6), Zimbabwe (2), Zambia (2). The secretariat and IAWG members used purposive sampling to identify actors within their networks who could bring diverse perspectives on how health funding and TA is structured at various levels and how donor processes, models, and norms constrain or amplify health system capacity strengthening and sustainable health outcomes. Participants were selected based on their availability and to ensure diversity in background, institutional affiliation, geography and perspectives in order to co-create a systems view. Civil society organizations representing women’s issues were explicitly included.

- Co-creation workshop gender sub-group. Subset of six participants facilitated by a gender expert, who specifically explored dynamics and drivers related to gender and health inequities that are slowing or impeding progress in DAH. This sub-group included: a government representative from Ghana, two government representatives from Nigeria, a civil society implementer from Malawi, a public health academia representative from Mexico, and a U.S.-based donor representative (from the IAWG).

- Gender study team. The secretariat solicited interest from the six gender sub-group co-creation participants and the IAWG members to form a gender study team to further interrogate the system drivers of gender inequity that emerged from the co-creation workshop. All those who participated in the analysis and writing of the paper were included as co-authors. This team included five of the six original co-creation workshop gender sub-group participants, two additional IAWG representatives, and five secretariat members.

Data collection and analysis

**Primary data:** Primary data were collected and analyzed via facilitated discussions and visual mapping exercises, through an iterative virtual engagement, facilitated by the secretariat, over nine months in 2021. System maps were used to co-create, describe, and visualize the multi-dimensional view of causal connections between individual drivers in the system. Drivers refer to identifiable forces (i.e., structural, policy, and funding decisions or behaviors) that can influence different elements of the system to act in specific ways (in this case, perpetuating gender inequities in the DAH landscape).

The process aimed to facilitate a shared understanding of system dynamics across the DAH landscape and articulate and clarify the perspectives and experiences of a diverse set of actors, including donors, national government ministry representatives, academia, and civil society.

**Desk Review:** We also conducted discussions with the IAWG and completed an iterative and non-systematic literature review to inform the system mapping process. The literature review was based on Google Scholar and PubMed searches using multiple permutations of search terms: gender, power, social determinants, social accountability, development assistance for health, donor, and health system. An iterative approach was applied, refining terms and adding articles from sources cited as the review proceeded. Sources were selected on the basis of relevance to the topic of gender, power, and development assistance for health. The literature review was limited to English language sources from the years 2000 to 2022. In total, 52 peer-reviewed journal articles and nine relevant reports and commentaries were reviewed. Systematic analysis

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1To support co-creation and allow simpler annotation of the system maps to facilitate legibility, the System Acupuncture® process intentionally frames the drivers to be valence-aligned to reflect barriers to or inhibitors of achieving desired outcomes. This reduces the need to annotate reinforcing or counteracting relationships between drivers, as most causal relationships will be correlated positively.
of the sources included thematic coding for themes based on questions driving the review, including: (1) How do gender bias, discrimination and power dynamics manifest in national health systems, and how do gender inequities contribute to poor health?; (2) How do gender bias, discrimination and power dynamics manifest in the landscape of donor assistance for health?; (3) How does donor assistance for health programming succeed or fail to support attention to gender bias and discrimination?

**Process steps:** Figure 2 provides a visual summary of the overall process. The process steps included:

1. Initial mapping of the system: An initial system map was first created by the IAWG and IAWG secretariat, drawing on professional insights and experience, documentation from a previous phase of work, and additional literature, including a preliminary set of drivers related to gender and health inequities, as a starting point.

2. Co-creating an understanding of the system: The map was then expanded upon through a virtual co-creation workshop held over two days in April 2021.

During the workshop, participants used a collaborative virtual whiteboard tool to capture and depict specific behaviors, dynamics, and characteristics of donor and country stakeholder group interactions in the DAH system. A sub-group of participants (‘co-creation workshop gender sub-group’) specifically focused on system dynamics that hinder progress to reduce gender and health inequities, as they experienced them in their context. The workshop was facilitated through a series of virtual worksheets where participants added insights individually and then discussed and refined them as a group.

3. Synthesizing key challenge areas in the system: The Secretariat utilized the workshop outputs to identify patterns of dynamics in the system. Participant insights were synthesized by grouping key drivers into thematic challenge areas and spatially arranging the drivers into three broad contexts based on where the policy or funding decisions, behaviors, or actions occur: the donor space, the country space, and the space where they intersect. This initial synthesis resulted in the identification of systemic challenges inhibiting progress on the critical shifts. This is explored in detail in a separate manuscript.

4. Synthesizing gender syndromes: The Secretariat then revisited the workshop content from a gender lens to explicitly highlight systemic challenges in DAH that perpetuate or contribute to gender inequities. While this drew most heavily from the workshop outputs generated by the gender sub-group, the synthesis also drew related content from across all workshop sub-groups. Insights from the desk review informed the interpretation, prioritization, and grouping of participant inputs. The synthesis resulted in the identification and mapping of six gender-focused syndromes.

5. Iteration and interpretation of the gender syndromes: The co-authors of this paper, including five of the six original co-creation workshop gender sub-group participants, two additional IAWG representatives, and five secretariat members came together through two follow-on virtual co-creation analysis sessions to review, iterate, and expand on these six syndromes. This included making sense of the insights, articulating key messages, and developing conclusions and recommendations based on the findings. In addition, three semi-structured key informant interviews were held with gender experts with expertise in DAH, gender institutional capacity-strengthening or health system capacity strengthening, to further validate the findings. The key informants, recruited by the authors through a purposive sample, included two based in the global South and one in the global North.

**Ethical statement**

All data collection was carried out through a facilitated co-creation process, including one virtual workshop and a series of discussions.

In the first phase, for the co-creation workshops, oral consent to collect inputs and record sessions was obtained from all participants at the start of the workshop sessions, per standard practice for minimal risk interactions. The information obtained through the workshop elicited impersonal and anonymous input, focused on participants’ expert opinions and experience. Participants were assured of confidentiality and that all findings would be anonymized and provisions made for the protection of privacy and confidentiality of the participants and the information they provided. Participant insights were collected and analyzed with complete anonymity via a virtual whiteboard tool, and were therefore unable to be linked to a single individual. No individual interviews were conducted in this phase. We did not seek ethical approval for the first phase because we determined the activities were exempt, given that they did not constitute human subjects research as described under US HHS regulation 45 CFR 46(e)(1).

In the second phase, the JSI institutional review board deemed the process and tools exempt from full review under CFR 46.101(b)(2), which covers survey activities without identifiers or sensitive questions that could result in harm; no participants in the study were minors (less than 18 years of age). Written informed consent was obtained from participants during this phase of the initiative, since it involved meetings with a smaller group of participants and thus inputs could not be fully anonymized. Written informed consent was obtained from the key informant gender experts interviewed separately.

**Positionality statement**

The majority of authors are based in the Western Hemisphere and are employed by a donor, a donor-funded organization, or a private academic institution, all of which hold varying degrees of power within DAH. These positions of privilege, in addition to our personal biases and positionality (social, economic, cultural), influence our interpretations of the data. Each of us, and each of our institutions, exist within the system we are analyzing.
Results
Six syndromes that slow or impede progress in gender equity in DAH

The mapping and co-creation processes resulted in: 1) a series of conceptual maps of the drivers of gender inequities within the landscape of DAH, 2) diagrams describing potential change points, and 3) a graphic representing the participants’ views on priority action steps by donors. The six syndromes that emerged from the co-creation process reveal distinct yet interconnected system dynamics driving barriers to achieving gender equity and health outcomes. The term syndrome represents a set of concurrent events that form an identifiable pattern or a group of signs and symptoms that characterize a particular abnormality. By naming the thematic areas syndromes, we ask the reader to consider a metaphor for the system as a body in need of healing. The six syndromes highlight patterns of dysfunction in the system that are badly in need of repair.

Each syndrome is depicted visually (via a system map) and through a narrative summary. The narrative and maps should be read side-by-side to enhance understanding of the system dynamics. In the graphics, each circle represents a driver in the system. The individual drivers should be understood as contributing to the broader syndrome as opposed to portraying a direct causal relationship. The circles are arranged spatially to show where the drivers are in one of three spaces: 1) donor (left); 2) country (right); and 3) interaction (middle) (i.e., between donors and funding recipients). The spatial arrangement of these drivers and their connections is designed to help the reader understand and explore where the drivers originate, and how they interact, for the ultimate purpose of identifying solutions. The thicker arrows highlight important connections in the system, including feedback loops (i.e., cyclical clusters of drivers that reinforce each other, amplifying their effect and perpetuating a set of system behaviors).

While the six syndromes are depicted separately below, they are interconnected. Thus, while many syndromes touch on overlapping themes, they are explored from different angles. Overall, the syndromes should not be interpreted to reflect the behaviors of particular donors or countries, nor as manifesting in all contexts or donor initiatives. Rather, they represent the synthesis of experiences and perceptions that surfaced through the methods described above.

Syndrome one: Insufficient input, feedback, and leadership from groups most affected by gender bias and discrimination render programs less effective (see Figure 3)

There are limited opportunities for community-level groups or civil society organizations with gender expertise to co-create, lead, or give feedback about DAH programming. Health programs and decisions tend to be made by national-level policy makers and technocrats, or international implementers, who often lack sufficient information about gender and health inequities. Short timeframes and insufficient resources limit opportunities for co-creation or consultation with civil society or health system stakeholders with gender expertise. Furthermore, donor funding processes and national health programs lack robust citizen engagement and mechanisms to incorporate the perspectives and leadership of local groups. In particular, women and other socially marginalized groups lack awareness of and access to platforms to voice their concerns, share pertinent information, and

![Figure 3. Syndrome 1: Insufficient input, feedback, and leadership from groups most affected by gender bias and discrimination render programs less effective.](image-url)
assume leadership roles for health system decision-making. Local civil society groups that have compiled research findings, developed local solutions, or even demonstrated achievements in reducing gender inequities in their communities may be partially or fully excluded from health program planning. Without their input and participation, health programs are designed and implemented without a full understanding of local gender and health inequities and their drivers.

**Syndrome two: Decision-maker privilege creates blind spots and inhibits capacity to address gender and health inequities (see Figure 4)**

Decision-makers at high levels (whether donors, national policymakers, or technocrats) may not sufficiently prioritize actions to remedy gender disparities. One contributing factor is the influence of biases. DAH decision-makers who plan, fund, implement, and evaluate health programs often come from economic or social privilege, and their unearned privilege and power can contribute to inherent bias and blindsers about gender and health inequities. For instance, decision-makers may assume that they have the expertise needed to address gender. Furthermore, a biomedical worldview, which tends to under-emphasize sociological sciences, permeates DAH. Such preconceptions can lead to overly mechanistic or simplistic ways of understanding and addressing gender in programs that fail to dismantle the root causes of inequities. The assumption that high-level health experts can remedy local gender inequities also contributes to the underuse of community gender experts, whose input is needed.

**Syndrome three: An imbalance in power dynamics contributes to insufficient allocation of resources for and attention to gender priorities in health programming (see Figure 5)**

The imbalance of power in the funder-recipient relationship contributes to the de-emphasis of gender priorities in allocation of resources. Health institutions across the DAH landscape tend to use top-down leadership and operational models. Funding tends to be allocated to government health entities or INGOs, with accountability requirements that incentivize implementing agencies to emphasize donor priorities over those of groups most affected by gender discrimination. Donors tend to underestimate the resources and time needed to address root causes of gender and health inequities, typically relying on a ‘check-box’ approach for integrating gender in program design and measuring progress. Recipients, afraid that resources will be withdrawn, rarely question donor assumptions about timelines and costs for gender priorities. Tensions about who is making decisions, why, and for whom, exist within and among recipient organizations and are particularly acute for those that have small budgets and struggle to survive.

**Syndrome four: Donor health funding approaches, conditions, and requirements pose limitations to addressing gender inequities effectively (see Figure 6)**

Funding structures for DAH can limit the efficacy of approaches to overcoming gender inequities in a number of ways. First, donor funding is structured to advantage large grants or contracts to reduce administrative costs and time and is tied to...
accountability measures for specific health outcomes. Local groups with gender expertise typically do not have access to information about availability of the funds or are unable to compete for this funding because of stringent accountability requirements. This contributes to a lack of genuine engagement and co-creation with local civil society organizations and stakeholders who have the requisite expertise. Stringent donor monitoring and evaluation mandates that focus on attribution of the funding to specific health outcomes leaves insufficient time and resources to track gender factors that contribute to...
Social determinants of health. Health program reporting is typically structured for and provided directly to the donor. Critical gender inequity program information is seldom reported to decision-makers or used to share learning about gender issues with program participants and affected populations. This along with funding firewalls also limit the ability to adapt to emerging contextual changes. Beyond these factors, there is general insufficient allocation of time and resources to focus on gender outcomes in health programming and enable holistic, integrated approaches to gender in health system strengthening.

**Syndrome five:** Fragmented programming contributes to a lack of coordinated and systematic attention to the root causes of gender inequities (see Figure 7)

Despite significant efforts to achieve better coordination, fragmentation is an enduring feature of health financing and programming. In general, coordinated frameworks or goals related to gender inequities among and across donor organizations are lacking, which contributes to a deprioritization of gender as a crosscutting issue. Donor-funded health programs tend to have limited resources for coordination across sector stakeholders for crosscutting issues like gender inequity, perhaps because they are more difficult for donors to administer. Large funding tranches available to a few competitors can incentivize organizations or consortium groups to work against each other or withhold information, further impeding collaboration and coordination. Government agencies and teams leading gender integration efforts across health or other sectors seldom have adequate staff or financial resources for such coordination efforts, leading to unsystematic attention to gender inequities. Despite this, DAH programs rarely focus on fixing these crosscutting and coordination challenges.

**Syndrome six:** Vicious cycles in data bias contribute to insufficient understanding of and attention to gender inequities (see Figure 8)

Donors, national policy makers, and health technocrats may rely on incomplete or overly generalizable data to make decisions, which ultimately perpetuates gender and health inequities. DAH programs and national health systems have common data weaknesses. Emphasis on siloed programs in global health that focus on singular health or disease areas hinder capacity and resources to understand and overcome system-wide challenges like gender inequality. In national health information systems, data are rarely collected and disaggregated in ways that provide nuance to reveal experiences of inequities and their contribution to poor health outcomes. Data relevant to explaining gender and health inequities (e.g., son preference, women’s mobility and ability to make decisions about their own bodies) may be overlooked by donors or country technocrats when making decisions about health investments. There is also a preference for, and overreliance on, quantitative over qualitative data, which can limit understanding of gender dynamics. Furthermore, health programs lack input and feedback from populations affected by gender and health inequities, or other gender experts, about whom data are important for decision-making. These factors contribute to insufficient recognition of the role of gender inequities in poor health outcomes, and thus, to the perpetuation of gender and health inequities.

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**Figure 7. Syndrome 5: Fragmented programming contributes to a lack of coordinated and systematic attention to the root causes of gender inequities.**
Discussion
This initiative convened donors and country actors for a systems-based diagnostic process to examine the interconnected drivers of gender inequities within the complex dynamic system of DAH, with a particular focus on the donor space. The findings highlight a set of six thematic areas (named as syndromes) impeding progress in addressing gender discrimination and bias within the DAH landscape. These six areas can be characterized as systemic in nature, as they manifest within the institutional structures and practices of DAH, as well as in the dynamic spaces of interaction between system actors. Few studies have formally examined gender in the power dynamics across a complex adaptive system such as DAH. This study provides a unique opportunity to explore these system drivers of gender inequity in DAH and inform gender transformative opportunities for action, as called for in the critical shifts.

Power asymmetries in development assistance for health
A leading driver across the six syndromes is the manifestation of power asymmetries. In complex adaptive systems like DAH, power manifests in many ways and in all levels of the system. There is growing recognition that power asymmetries in DAH are contributing to disparities in health outcomes.

Our findings depict how, despite an explicit goal to improve health and health equity in low- and middle-income countries, at a systems level, DAH appears to be structured to implicitly maintain power over, and distance from, people most affected by gender inequities—the very people it aims to serve. The findings illustrate a systematic omission of DAH mechanisms by which local individuals, groups and NGOs advancing gender equity can meaningfully participate in and lead DAH-funded initiatives, despite calls for localization of aid. The roots of this systematic omission can be seen across the six syndromes, demonstrating that interventions to gain improvements will require holistic approaches.

As illustrated in syndromes 1, 3, 4 and 5, and confirmed in the literature, DAH is structured in a way that reinforces power asymmetries, through top-down models, rigid templates, requirements, and timelines that limit genuine engagement and co-creation with local stakeholders who have the requisite gender expertise and lived experience for that setting. The findings show that these models also tend to result in insufficient timelines and budgets to meaningfully address gender inequities. Furthermore, Syndromes 1 and 4 highlight how donor funding constraints and regulations contribute to reducing civil society’s role to service delivery and health promotion, rather than much-needed accountability and advocacy roles. Conceptual and operational models, decisions, and information flow in global health institutions can also reinforce power dynamics that impede progress in effectively addressing gender and health inequity.
Another illustration of power asymmetries is found in Syndrome 2, which explores multifaceted bias within institutional health paradigms, practices, beliefs and decisions that perpetuate gender disparities and bias. Donor mindsets and perceptions of local capacity have been shown to play a role in how health funding is structured to exclude local civil society actors from meaningful roles in leadership, problem identification, managing resources, or evaluation of health programs. Studies suggest that such patterns may stem from the high levels of representation of groups with societal, historical and educational privilege among leaders in global health organizations, who can lack insights into the realities of gender and other forms of discrimination in low- and middle-income countries. The findings demonstrate that approaches to overcoming gender inequities in DAH must go beyond checklists or prescriptive approaches, and address deep-seated bias and representation in DAH institutional culture, practices, and leadership.

Syndrome 6 illustrates how limited demand for, and use of, data on gender and other intersectional experiences of bias and exclusion also contribute to reinforce power asymmetries and gender and health inequities. This lack of holistic data across DAH limits the visibility of the needs and participation of client groups affected by health disparities. Health initiatives that lack data on gender and other intersectional factors are more likely to reinforce multiple levels of bias and discrimination, and negatively affect both life-course and health. In particular, the findings in Syndrome 6 highlight how donor funding can incentivize and reinforce inadequate data collection and analysis processes in health systems. This suggests a novel opportunity for donors seeking to improve their own gender transformative interventions to apply an intersectional lens in the collection, analysis and use of data in donor-funded health programs.

Overall, these findings support arguments that the drive toward progress on gender equity in DAH is a political project more than a technical one, requiring shifts in power and relationship dynamics at micro and macro levels.

Disrupting the syndromes
To disrupt the syndromes and advance gender transformative programming, the future model of DAH must be fundamentally reoriented to function with, for, and led by groups affected by gender inequities. Drawing on the dynamics and barriers highlighted in the syndromes, we have highlighted five key areas for action. These are presented as preliminary areas for consideration, rather than prescriptions. Co-creation of solutions that transform the system will require further coordinated analysis, dialogue, and action in each context. Where available, corresponding promising practices, drawn from the literature, are also presented.

Reflect on institutional biases and move toward approaches that shift or share decision-making power
There are growing calls for global health institutions to face their own biases, shift mindsets of privilege, and adopt practices that correct power imbalances. We urge decision-makers in DAH to question their own assumptions, through reflexive spaces, seeking answers to such questions as:

- How are my biases, attitudes and beliefs influencing my opinions and actions? How does my privilege directly or indirectly disadvantage others? What can I do to address this?

Such processes are not amenable to checklists or prescriptive approaches, but require transformational learning spaces, which include both safe spaces to talk about personal biases, cultural beliefs, and practices, and endorsement of the work by leadership. Several resources exist to support such efforts.

Additionally, DAH needs to move beyond the strictly biomedical paradigm that enables discriminatory health practices. To do this, donors and other global health institutions need to prioritize approaches to health that build on context-specific knowledge and values, with spaces for reflexive learning and dialogue that welcome diverse voices.

There is also a need to reform and restructure the donor-recipient relationship. Shifting power dynamics between donors and grantees requires recognizing their complementary skills, expertise, and interdependence in achieving common objectives. Mechanisms for candid reflection and shared learning, trust-building, and mutual accountability are important components of this. One such approach is a mechanism for confidential and anonymous feedback. Beyond engagement, some donors are embracing participatory grant-making models that aim to shift or share decision-making power about funding. These range from building in more representation of affected groups as advisors and funding decision-making bodies to ceding decision-making power about funding strategies and criteria to the communities and groups that funders aim to serve.

Create leadership and funding opportunities for groups most affected by gender and health inequities
We urge decision-makers in DAH to create formal and systematic avenues for the leadership of grassroots civil society groups focused on gender issues in health program design, implementation and evaluation. This can improve the contextualization of issues that may be missed in standard gender assessments, and ensure that projects are relevant, responsive to the needs of participants, and sustainable.

Where avenues for leadership by civil society groups do not exist, donors can support civil society engagement mechanisms as a foundational step. Such mechanisms can reveal issues of unintended harm or opportunities for program modifications that improve effectiveness. Some donors have implemented community advisory committees in their grant-making processes, which offer a formal platform for transparency about a funder’s plans at the country level and for members of affected populations and civil society organizations that represent them to provide input about the proposed interventions.
Increase and restructure funding to gender and health equity advocates and stakeholder groups, including local women’s organizations

We call upon donors to increase accessibility of funds to local groups working to achieve health and gender equality. Donor funding that enables collective efforts by country-based or regional health and gender coalitions has been shown to facilitate successful efforts to address gender inequities and achievement of outcomes. Mechanisms for increasing accessibility include offering different funding tranche sizes to accommodate needs and capacities of local groups; structuring funding so that it can be accessed by gender advocacy networks, coalitions, and cross-sector working groups; structuring funds in a way that supports core funding; being responsive to the needs of grantees and adaptable to a changing political context; and building in adequate timelines and resources. When unable to provide grant funding directly, donors should consider re-granting and other flexible mechanisms that allow funds to be allocated from larger institutions to smaller groups.

Furthermore, donors can structure funding for planning and exit strategies in ways that build sustainability for gender-focused civil society groups to engage with government health counterparts through specific planning, catalytic, bridge, or exit grants. Beyond greater support for local civil society actors, donors should fund crosscutting governmental institutions tasked with integrating gender into planning and implementation. We encourage donors to learn from existing efforts to restructure funding to overcome the challenge of fragmentation in gender and health efforts. For example, the government of Ireland has established standard resources for ensuring cross-sectoral linkages across partners and government sectors on gender issues. The government of Switzerland’s approach includes basket funding for gender-related activities. Other donors have opted to create pooled funding mechanisms via multi-donor collaborations that incorporate incentives for harmonized efforts in addressing gender.

Implement coordinated approaches to reduce fragmentation of gender efforts

We call on donors to finance and convene platforms for demand-driven multi-stakeholder co-learning, including groups most affected by gender and health inequities. Case examples of funding modalities that enable multi-institution efforts to address gender and health inequities, such as supporting networking and coordination across diverse social movement actors, demonstrate how donor funding can play a role in enabling efficacy and sustainability of program outcomes.

We encourage donors to learn from existing efforts to restructure funding to overcome the challenge of fragmentation in gender and health efforts. For example, the government of Ireland has established standard resources for ensuring cross-sectoral linkages across partners and government sectors on gender issues. The government of Switzerland’s approach includes basket funding for gender-related activities. Other donors have opted to create pooled funding mechanisms via multi-donor collaborations that incorporate incentives for harmonized efforts in addressing gender.

Generate and improve access to complete, reliable, and useful information for addressing gender and health inequities

Donors can support improved gender and health equity outcomes by applying a more robust intersectionality lens in the measures, processes, and accessibility of health data and information. Stronger collection and analysis of data on structural and systemic factors of bias, discrimination and exclusion will facilitate a deeper understanding of how interventions work and how to evaluate system-wide efficacy.

The World Health Organization has partnered with national governments to strengthen capacity to analyze which constituents are missing from health service data and why. Such tools can help donors and health policy makers set priorities by identifying the largest health inequities within a country. However, more in-depth measures and tools are required to explain why inequalities exist. Better measures are needed to examine who has what (access to resources); who does what (division of labor and everyday practices); how values are defined (social norms); who decides (rules and decision-making); and who benefits. Donors are called to support research to design health-related measures that can be used to assess structural elements of power and inequity (such as gender norms, policies, and institutional practices), beyond individual aspects of discrimination. Beyond incorporating more explanatory gender and intersectionality measures, donors are called to improve their mechanisms for gathering and using data to make decisions. Donor funding that enables civil society advocacy groups to access and translate health information for policy makers has been shown to support improved health services. Models with more inclusive methods of data collection and open data sharing are showing promise in supporting a more equitable data landscape.

Limitations

The findings presented in this paper were informed by a co-creation process to develop a shared understanding of system drivers of gender inequity in DAH. The results are therefore shaped by the perspectives and insights drawn from the lived experiences of the initiative participants and are not exhaustive or representative of all contexts. For instance, we were not able to engage a wide cross-section of representatives across geographic areas or linguistic backgrounds. While constituents of community groups most affected by gender inequities in low-income countries were represented by participating civil society organizations advocating for women’s issues, we were not able to directly include community voices. This was mainly due to language, time constraints, and the virtual format. More co-creation exercises with diverse community-based stakeholders are needed.

The co-creation process was virtual due to the COVID-19 pandemic. While online workshops can enable greater global participation by reducing geographic, cost and time barriers for participants, they also expose other power dynamics such as the digital divide between academic partners and community co-researchers. Online participation requires the skills and ability to utilize different software, stable internet connection, and access to digital devices; these prerequisites do not always exist in resource-constrained settings. In addition, the group dynamic changes in a virtual context, often inhibiting the level of relationship-building and trust-forming that can happen...
face-to-face. The IAWG Secretariat tried to mitigate technical barriers to participation by reimbursing for internet fees, however, the virtual environment likely hindered the level of rapport built between co-creation participants and facilitators.

The literature review was limited in depth and scope. A broader scoping of the literature, including articles in other languages and formats would capture a more diverse set of voices and insights.

The scenarios depicted in the syndrome maps should not be interpreted as an absolute or holistic view of how gender inequity manifests, nor do they reflect the nuances of individual donor modalities or country or community contexts. Rather, the specific drivers and dynamics portrayed in the syndromes are examples of underlying factors of gender inequities in a highly dynamic and complex system.

Areas for additional exploration
This initiative explored systems dynamics affecting gender inequities in health, with a particular focus on the donor space. The six syndromes represent an overview of the drivers; each syndrome would benefit from further analysis. In the dynamic complexity of DAH and global health, a fuller conceptualization and analysis of gender and power, drawing on insights from community members, civil society organizations, implementing partners, and staff and custodians of national health systems is needed. More research on dynamics in the coordination and collaboration spaces between civil society and health system actors that drive gender inequity is needed. An analysis of institutional culture and leadership would be useful to find opportunities for more equitable and inclusive structures for grant-making and health service delivery. Modalities to understand and address gender inequities manifested in national health systems will be vital for improving gender and health equity. Further studies of efforts to improve accountability to achieve more equitable and inclusive DAH strategies are also needed. More research is needed to explore how gender and other social determinants of health are conceptualized, measured and analyzed in health data, and how social justice approaches to intersectionality can be better applied.

Conclusions
Our findings present a novel perspective on systemic challenges in DAH that perpetuate or contribute to gender inequities, with a particular focus on the role of donors. The findings emphasize that many of the barriers to gender equity in DAH are embedded in unequal power dynamics that distance and disempower those most affected by gender inequity in the very programs intended to help them. Overcoming these dynamics will require more than technical solutions. To advance progress in gender equity in global health, and specifically DAH, leaders (including donors, ministry representatives, health technocrats, and those implementing health programs) must apply tools and processes that center groups affected by gender inequity in leadership and decision-making at micro and macro levels. This should include building practices and structures that enable co-creation and mutual accountability in the design, implementation, and evaluation of health programs.

An important feature of this effort was convening a diverse set of stakeholders to examine a common problem. The shared dialogue provided nuanced insights on why progress addressing gender inequity has been slower than hoped, despite attempts to do so in health programs. Such platforms for cross-stakeholder dialogue are, in themselves, promising for future gender equity endeavors.

Data availability
Underlying data

This project contains the following underlying data:

- Draft Syndrome maps compiled.pdf. (System maps of original syndromes using Miro virtual whiteboard tool to synthesize findings from first phase of data collection, i.e., co-creation workshops. Combined into one PDF page.).
- Draft Syndrome Maps individual.pdf. (System maps of original syndromes using Miro virtual whiteboard tool to synthesize findings from first phase of data collection. Each syndrome listed in a separate map.).
- Raw Data April 2021 Co-Creation Workshop.pdf. (System mapping inputs gathered during virtual co-creation workshop April 21-22, 2022 using Miro virtual whiteboard tool).
- Raw Data Gender Syndrome Dialogue Sessions updated.pdf. (Updated system maps of syndromes using Miro virtual whiteboard tool during two group discussions in the second phase of data collection/iteration. The calls were held with co-authors on November 29 and December 8, 2021).
- Raw data_KII_02.pdf. (Key Informant Interview Transcripts).
- Raw data_KII_03.pdf (Key Informant Interview Transcripts).

Data are available under the terms of the Creative Commons Attribution 4.0 International.
References

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Open Peer Review

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1. Methodology: In the desk review, in addition to seeking articles on 'gender', was there an attempt to seek out articles about women? The majority, if not all, women are underrepresented in leadership roles, have less power in health systems, so seeking out articles than aim to support women is needed ensure complete data collection.

2. Define co-creation.

3. The word choice syndrome seems a bit odd. Although explained in the paper, including the use of the metaphor. It appears far reaching and confusing to use syndrome in this setting.

4. Each of the Syndromes - should be changed to a phenomena and have specific headings.

5. Utilize gender transformative approaches in this paper, as getting to the root causes and working to address these root causes through addressing power imbalances is what gender transformative leadership is about. Reference: https://www.devex.com/news/opinion-a-new-vision-for-global-health-leadership-93772

Is the work clearly and accurately presented and does it cite the current literature?
Yes

Is the study design appropriate and is the work technically sound?
Yes
Are sufficient details of methods and analysis provided to allow replication by others?
Partly

If applicable, is the statistical analysis and its interpretation appropriate?
Not applicable

Are all the source data underlying the results available to ensure full reproducibility?
Partly

Are the conclusions drawn adequately supported by the results?
Yes

Competing Interests: Executive Director of Women in Global Health. Our mission is to challenge power and privilege for gender equity in health.

Reviewer Expertise: health workforce, women's leadership in health, gender equality in global health, gender transformative leadership, health in all policies, political economy

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Reviewer Report 02 February 2023
https://doi.org/10.21956/gatesopenres.14918.r32841

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Rosie Steege
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I would like to thank the authors for their innovative and comprehensive analysis of the barriers to gender equity in DAH. It is a unique angle and a valuable contribution to the literature on structural gender inequities. The paper is well written, engaging and I enjoyed the metaphor of syndromes. With each syndrome I found myself nodding along in recognition of these barriers, which I have seen reflected time and time again. The diagrams and visuals are nice (though each bubble is hard to read so the authors may wish to consider laying these out in full size as a supplementary file). I like the inclusion of solutions and recommendations and practical questions for donors to consider.

I am in support of this paper and it's contribution to the literature, there are however, three key
points I would like to see addressed to strengthen the paper:

- The paper discusses the need for co-creation and inclusion of community voices ‘nothing about us without us’. This wasn't done as part of this research which makes it seem disingenuous, although it is briefly mentioned in limitations. I do appreciate the limits of conducting this type of research and the value of this paper remains. Perhaps you could more explicitly address why this wasn't done and be more upfront about it. Including the voices of those communities you wish to centre is obviously key, so perhaps the authors could consider a validation exercise with these groups, or a follow on co-creation workshop, considering it's centrality to your argument?

- Secondly, the issue of donor power in financing as highlighted in syndrome 3 is critical and links to accountability. How individual donors have the power/resources to shape the DAH landscape is also remarkable (and there are links here to the literature on equitable partnerships and funding streams). I would like to see this acknowledged within the paper given the authors' links to the Gates Foundation. Maybe there are unique initiatives that the Gates Foundation are employing here that the authors could draw upon and share as examples of ‘best practice’ or if not, why not? Also considering the topic of the paper and given these links it would be critical to include some reflection on the positionality of the authors within the methods and even, at the end as per Morton et al.’s consensus statement – see Morton et al. (20221).

- Finally, the methods are innovative and novel and I'm sure will be of interest to many. Having just been involved in running a similar co-creation workshop approach myself I am interested to learn more about the methodology. Currently, however, I don't feel it is well enough described for those who wish to employ these methods themselves. When systems acupuncture is first mentioned there is a small footnote to help explain that you may wish to bring into the body of the text and then again in the methods set out more clearly what the approach is. If I wanted to employ the method, how might I go about it? It reads like a desk review and then co-creation workshop but with maps making it distinct - were the maps created live during the workshop and then synthesised after by core study team, or were sub-groups involved in this process? I also interpret it that the challenges were identified in the workshop, and the recommendations by authors, but please clarify.

Specific other points by section:

Introduction:
- I would say that the terms female/male relates to sex, but that women/girls/men/boys relates to gender.

Methods:
- Ethics for the KIIIs isn't made clear in the methods - please include information on the ethics, and how these experts were recruited.

- The validation was done via key informant interviews - was there also validation exercise done with the other workshop participants?

- How did the workshop participants contribute to the analysis or synthesis?
Results:
- Were there any findings on the proliferation of men in decision making roles limiting progress? Evidence has shown that gender is often conflated with women's issues – so for example in the SASA! Intervention to reduce IPV they purposefully avoided the word gender so that men remained engaged, I wonder if these things are being replicated at higher levels of the health system and donor space?

Discussion:
- You call for local CSOs and women's organisations to be included, were these included in your co-creation workshops?
- You discuss the important need for data for decision making. I would argue we also need indicators that support an intersectional analysis. This data is limiting tailored and equitable approaches to gender transformation as axes of inequity come together to shape marginalisation in different ways.

Limitations:
- The literature review was non-systematic, do you feel this was a limitation? What languages were included in your review, seeing as knowledge generation is often skewed to global north?
- It would be good to include reflection on how the virtual process of co-creation workshops have excluded or included perspectives in knowledge generation? See Egid et al. (2021) for interesting reflections.

References

Is the work clearly and accurately presented and does it cite the current literature?
Yes

Is the study design appropriate and is the work technically sound?
Yes

Are sufficient details of methods and analysis provided to allow replication by others?
Partly

If applicable, is the statistical analysis and its interpretation appropriate?
Not applicable

Are all the source data underlying the results available to ensure full reproducibility?
Yes
Are the conclusions drawn adequately supported by the results?
Yes

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: gender equity; intersectionality; health systems; co-production; equitable partnerships

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.

Reviewer Report 30 January 2023
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This is a thoughtful and creative paper from a diverse and interestingly placed set of authors. It explores how relationships and dynamics in donor assistance perpetuate and reinforce power and gender asymmetries and inequities. It is detailed, well written, includes multiple perspectives, and adds value and richness to the field and discussion. It uses novel methods and is a call to action.

The majority of my questions are around clarifying methods and analysis. As some of these methods seem fairly novel I hope by adding a little more detail it will also help others who may be interested in exploring some of these approaches in the future.

I am very supportive of this paper and hope the authors can easily address my comments.
1. As I understand it, their primary data (the development of the syndromes) is based on key insights from 6 key respondents. It would be helpful to clarify that none of these key informants are also the authors.

2. It would also be helpful to include in the discussion some analysis on how the perspectives of these particular 6 informants was triangulated and used to form the maps. For example was each word bubble the statement of one person or a set of triangulated statements?

3. Please clarify the role of the 6 informants in the analysis, creation of the syndromes, and role (if any) in the discussion, and creation of recommendations.
4. I suggest the discussion section be reworked. For example the statement, "the maps do not reflect how challenges manifest in all cases". Which cases? From cases described in the literature review? This is not clear. I think what this section is attempting to do (and would be helpful) is to point out how the insights from the 6 key informants map against findings from the literature review, and speak to the similarities and differences. I think that could be done more clearly. What was similar, what was different?

5. It is not always clear whether the discussion is referencing the primary data (laid out in the Syndromes) or the literature review. I suggest using the discussion section to analyze the new insight they have derived from this research and from using "Systems Acupuncture"; what has it added to our knowledge, what do they see as the limitations or strengths?

6. The discussion section then moves into a set of recommendations. Please clarify how these recommendations were generated. In the paper you indicated that the methodology used, Systems Acupuncture, is unique because it “identifies opportunities for system level transformation.” It was not clear to me if the 5 recommendations that were generated were done so using that methodology (and if so – please describe how, and whether the same 6 key informants were involved), or whether here we pivot, and the recommendations are generated from the authors, who have weighed the analysis and are now jumping off based on the data and their expertise and knowledge. If the latter, I suggest separating out your discussion of findings from your recommendations. That way the reader can see where you move from your analysis of the data, to your own interpretation and reflections on solutions.

7. On the recommendations, I found myself going back to the original Figure 1 to try to map back what was new or different in the recommendations from the original call to from the IAWG. I suggest you consider this as well. This feels left unconnected.

8. Smaller point. I note that Fig. 1 does not have an original citation in the text. The text suggests it was an earlier (and broader?) set of contributors who developed this so please check on the correct referencing and authors for this visual.

9. **Other points to consider:** The Syndrome maps are not readable in the print outs or the power point versions. To read one has to expand the pdf on screen to 400% and read them essentially 1 bubble at a time. That is a barrier for most readers. As this is the bulk of your new data I would encourage you to try to think about how to share this data in a way that is more easily readable and accessible.

10. I really liked the metaphor of the Syndrome. I found it told a story about the behaviors you were trying to explain while not overstating any particular behavior within the set. However, for the same reason I found the use of driver confusing, given that I considered your sample of 6 to be more about generating patterns then drawing casual connections. While I recognize this is disciplinary, drivers for many of your readers have a causal and relational meaning that the behaviors described in the bubbles did not have. You used many descriptors for you model. I thought “dynamics, behaviors, and characteristics,” worked better to describe the content of the bubbles than drivers. Just something to consider.
Is the work clearly and accurately presented and does it cite the current literature?
Yes

Is the study design appropriate and is the work technically sound?
Yes

Are sufficient details of methods and analysis provided to allow replication by others?
Partly

If applicable, is the statistical analysis and its interpretation appropriate?
Not applicable

Are all the source data underlying the results available to ensure full reproducibility?
Yes

Are the conclusions drawn adequately supported by the results?
Yes

*Competing Interests:* No competing interests were disclosed.

*Reviewer Expertise:* Gender equity and health

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however I have significant reservations, as outlined above.